

SITUATIONAL ANALYSIS REPORT



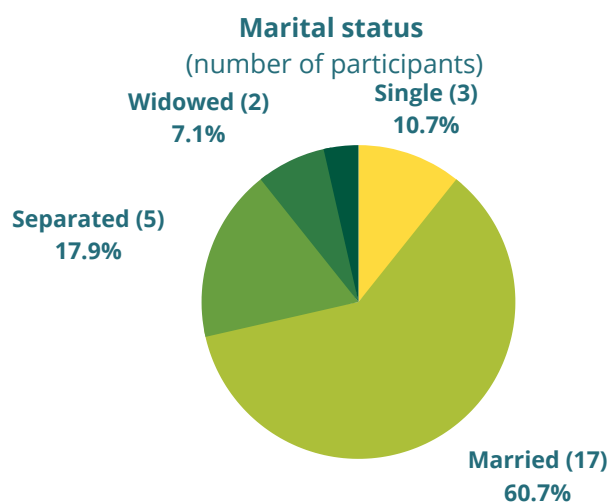
In October 2021, UpLifters and Be Priceless interviewed twenty-nine caregivers who are migrant domestic workers in Hong Kong. They took part to share their views and experiences on the well-being and safety of themselves and their children. They also described some difficulties parents face with children living abroad, changes under COVID-19, and skills they would like to learn.

The interviews were carried out by Dr. Czarina Leung (researcher, doctor, and public health professional) and an impact evaluator. All participants provided informed consent. The interview protocol was approved International Ethics Review Board.

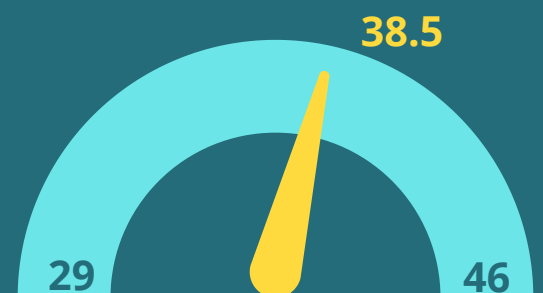
The interviews were an opportunity to hear the voices of the migrant domestic worker community in Hong Kong on their parenting, well-being and safety situations, challenges and ideas for improvement. It also reflects how COVID-19 impacts our caregiver community.

INTERVIEWEES

- 29 women caregivers of children
- 28 parents of children living abroad
- Years of age average 38.5 (range: 29-46)
- Number of children (average): 1.8
- 28 identified as Filipina and 1 preferred not to say
- All spoke English
 - (other languages spoken: Tagalog, Urdu, Arabic, Bisaya, Cantonese, Ilocano, Nepali)
- Years stayed in Hong Kong (average) = 5
- 23.1% of participants has a Bachelor's degree or higher



Participants' age
(Average=38.5, range 29-46)



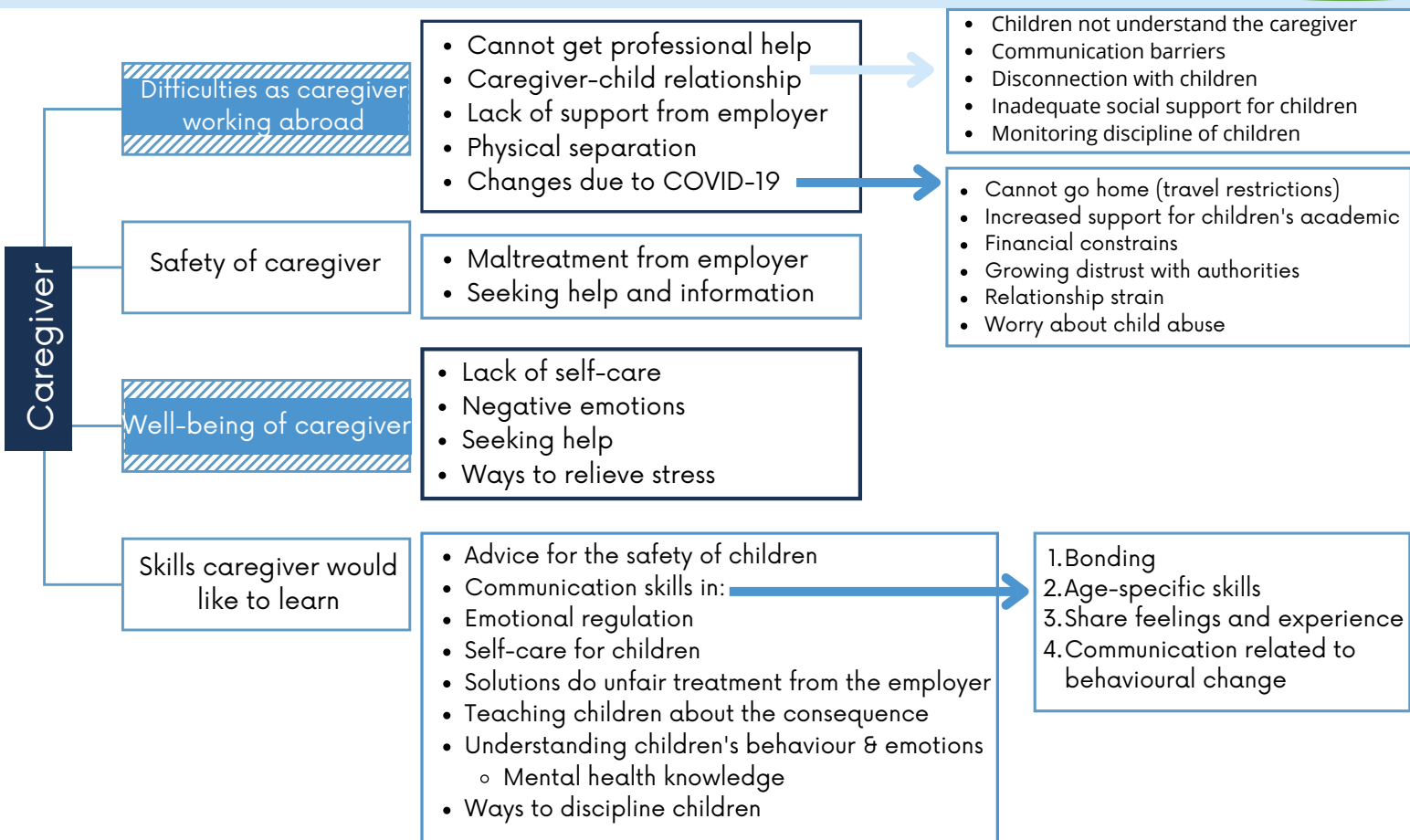
Scan the QR code to learn more about the Be Priceless and Uplifters interview and collaboration



IN THE INTERVIEWS



Caregivers shared with us that:



Caregivers also described the well-being and safety issues that children within their community faced

Safety of children

- Safety concerns
 - Inadequate child care at home
 - Lack of anti-violence awareness and training
 - Negative influence from social media and community
 - Romantic relationships at a young age
 - Unable to get help from trusted adults
 - Violence against children in the community
- Seeking help from a trusted adult
- Changes due to COVID-19
 - Human trafficking and exploitation
 - Inadequate infection prevention
 - Not sleeping at home
 - Online relationship
 - Safer for children
 - Usage of electronic devices

Well-being of children

- Well-being concerns
 - Mental health
 - Poor self-care
- Bonding activities with parents
- Changes due to COVID-19
 - Children cannot leave house
 - Not enough food for children



Most caregivers suggested that 'open communication in the child-parent relationship' is the key indicator of the well-being and safety of children



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